



# Newton-Le-Willows Health & Fitness

## Holiday Pool Timetable

### 29<sup>th</sup> March 2024 to 14<sup>th</sup> April 2024

Please note on Good Friday (29<sup>th</sup> March) and Easter Monday (1<sup>st</sup> April) we will be on reduced opening hours of 09:00 – 15:00

<u>Day</u>	<u>Time</u>	<u>Pool Activity</u>
Monday <i>Please note we will be open 09:00 – 15:00 on Easter Monday (1/04)</i>	6.30am to 10.30am	Adult Only Swim
	10.30am to 7.30pm	Casual Swimming Shared pool with Learn to Swim 4.00pm – 7.30pm
	7.30pm to 9.00pm	Newton Swimming Club
	9.00pm to 10.00pm	Area Closed – Staff Training
Tuesday	6.30am to 10.30am	Adult Only Swim
	10.30am to 8.00pm	Casual Swimming Shared pool with Learn to Swim   4.00pm – 7.00pm
	8.00pm to 9.00pm	Triathlon Club
	9.00pm to 10.00pm	Adult Only Swim / Lane Swimming
Wednesday	6.30am to 10.30am	Adult Only Swim
	10.30am - 8.00pm	Casual Swimming Shared Pool with Learn to Swim 4.00pm - 8.00pm
	8.00pm to 9.00pm	Ashton Swimming Club
	9.00pm to 10.00pm	Adult Only Swim
Thursday	6.30am to 10.30am	Adult Only Swim
	10.30am - 8.00pm	Casual Swimming Shared Pool with Learn to Swim 4.00pm - 7.30pm
	8.00pm to 9.00pm	Aqua Fit
	9.00pm to 10.00pm	Adult Only Swim
Friday <i>Please note we will be open 09:00 – 15:00 on Good Friday (29/03)</i>	6.30am to 10.30am	Adult Only Swim
	10.30am to 3.00pm	Casual Swimming
	3.00pm - 4.00pm	Area Closed – Staff Training
	4.00pm - 6.30pm	Casual Swimming Shared pool with Learn to Swim 4.00pm - 6.30pm
	6.30pm to 8.30pm	Ashton Swimming Club
	8.30pm to 9.30pm	Newton SC
Saturday	9.00am to 10.30am	Triathlon Club / Learn to Swim
	10.30am to 3.00pm	Casual Swimming



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		Shared pool with Learn to Swim 10.30am – 3.00pm
	3.00pm to 5.00pm	St. Helens Swimming Club
Sunday	9.00am to 9.30am 9.30am to 10.00am	Adult only Swimming Shared Pool with Adult Swim Clinic 9.00am – 9.30am CWAN Swim Clinic 9.30am – 10.00am
	10.00am to 11.00am	Casual Swimming Shared pool with Learn to Swim 10.00am – 11.00am
	11.00am to 12.00pm	Family Fun Session
	12.00pm to 3.00pm	Casual Swimming Shared pool with Learn to Swim 12.00pm – 3.00pm
	3.00pm to 5.00pm	Ashton Swimming Club

### Swimming Ratio

- Children 0 to under 4 years = 1 adult to 1 child
- Children 4 to 8 years = 1 adult to 2 children
- Over 8 years = No Adult required

\*\* An adult is deemed someone 16 years and over \*\*

**If you require a lane during busy periods, please ask a member of staff**

Newton-le-Willows Health & Fitness. Ashton Road, Newton-le-Willows, St Helens.